

### **The Lalit Resort and SPA Bekal 5\***

Address: Bevooru Udma, Kasaragod District, Kerala - 671319

The LaLiT Resort & Spa Bekal, located in Kasargod, the northern district of Kerala - 'Gods Own Country' is a top of the line luxury beach resort set up on 26 acres of virgin stretch of northern Kerala in the lap of Arabian sea. This paradise is 12 Kms from Kasargod Railway station and 75 kms from Mangalore Airport. Surrounded by a natural backwater from three sides and having internal lagoons, meander through the property - The LaLiT Resort & Spa Bekal is a beautiful combination of lagoons, backwater and the sea. The resort has a large, well appointed spa that offers health and lifestyle consultations, Ayurvedic treatments, western and eastern therapies, beauty treatments and yoga. The LaLiT Resort & Spa Bekal is the only Spa Resort that allows kids to accompany parents.

The State of Kerala is well known for peace and tranquillity. National Geographic Traveler suggests Kerala among the "50 places in the world recommended to be visited in a lifetime". And The LaLiT Suri Hospitality Group is the first major hospitality chain entering Northern Kerala and the only five star deluxe resorts in the tourism circuit of Northern Kerala. Given Kerala's equable climate, natural abundance of forests (with a wealth of herbs and medicinal plants), and the cool monsoon season (June - November), The LaLiT Resort & Spa Bekal, Kerala is an ideal place for people looking for Ayurvedic healing and curative therapies.

With an expanse of almost 20000 sq ft of exclusive and dedicated spa facility, our signature spa outlet at The LaLiT Resort & Spa Bekal - 'Rejuve - The Spa' has 4 Ayurveda Rooms, 5 International Treatment Rooms and 4 Specialty Rooms. The spa at this luxury spa hotel offers an open air yoga pavilion, a fully equipped world class gym with latest fitness equipments, an exclusive relaxation lounge with a library, a Couple's therapy room, Medical spa room, a modern salon with 5 beauty stations. The property has abundant natural surrounding in form of over 20000 coconut trees planted inside the resort and other form of flora.

The LaLiT Resort & Spa Bekal is a five stars deluxe, boutique resort and spa, offering a high level of personal service and quality wellness. The focus of our quality resort is to offer our guests added value with a host of our personalised services. The Spa resort has an unmatched level of luxury and privacy with 37 rooms, a presidential villa and a floating cottage, called Kettuvallam. The accommodation options include our 24 hour dedicated holiday host service. The Holiday Host is the guest's one point contact to make their stay more comfortable by arranging everything for the guests, from in-room check-in to restaurant reservations and spa appointments.

Guests can experience the finest of food from all parts of the country, including the local cuisine at the fine dining multi-cuisine restaurant - Nombili The Restaurant at The LaLiT Resort and Spa Bekal. Apart from facility of 24 hours in-room dining, guests can choose from an unmatched array of dining options available at the resort. These range from a romantic dinner on the beach to dinner on the deck of a houseboat and dinner under the traditional tent along with an excellent collection of wines and spirits.

The LaLiT Resort and Spa Bekal provide a wide array of facilities that range from water sports, swimming pool with outdoor Jacuzzi, International library with WI-FI internet access, DVD library with music selection to business centre. We are also the only property in Kerala with its own Helicopter & Helipad facility.

Prices are available upon request.